#### POLICE DAV PUBLIC SCHOOL SUMMER HOLIDAYS HOMEWORK, 2024 **CLASS XII**

عَلِي عَل

# SEQUENCE OF SUBJECTS

- MUSIC VOCAL
- KATHAK DANCE
- **4** IP 065
- **4** IT 802
- **♣** BEAUTY AND WELLNESS (807)
- **♣ PHYSICAL EDUCATION (048)**
- **4** YOGA (841)
- **PAINTING** (049)
- PSYCHOLOGY

#### **MUSIC VOCAL**

#### Theory

\*Short questions Alankar, Tana, Alaap, Meend

\*Historical study of time theory of Raags

\*Life sketch

🤾 Ustaad Faiyaaz Khan

- Bade Gulam All Khan
  \*Definition and Notation of Ragas: Malkauns
- \*Dhamar in Raag Bhairav
- \*Definition and Notation of Tala with Ekgun, Dugun, Roopak, Jhaptaal Dance. \*\*\*\*\*

#### KATHAK DANCE

WRITE AND LEARN THESE TECHNICAL TERMINOLOGY OF THE DANCE FORMS:

**DEFINITION OF THE FOLLOWING:** 

- •VANDANA, TIHAYI,AMAD,TODA/TUKRA.THAAT,PARAN,CHAKRDAR TODA/TUKRA & PARAN, GATNIKAS GATBHAV
- •KNOWLEDGE OF THEKA OF DADRA, KEHRWA, ROOPAK
- •DEFINITION OF TAALI, KHALI, SAM, TIHAYI

#### PREPARE FOLLOWING TOPICS FOR PRESENTATION:

#### **IMPORTANT POINTS:**

| SR.NO.  | NAMES   | STREAMS                               | TOPICS                          |
|---------|---------|---------------------------------------|---------------------------------|
| 1       | SEHAJ   | HUMANITIES                            | Катнак                          |
| 2       | Nancy   | HUMANITIES                            | MOHINIATTAM                     |
| 3       | ADITI   | HUMANITIES                            | KUCHIPUDI                       |
| 4       | GEETIKA | HUMANITIES                            | KATHAKALI                       |
| 5       | SIDDHA  | HUMANITIES                            | BHARATNATYAM                    |
| 6       | MANYA   | HUMANITIES                            | ODISSI                          |
| 7       | DIVYANA | HUMANITIES                            | RASA- IT'S DEFINITION AND TYPES |
| 8       | SUHANI  | COMMERCE                              | MANIPURI                        |
| 19 19 P |         | 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 |                                 |

| <b>3</b> | <b>R R R</b> |                     | R & & & & | 3                      |
|----------|--------------|---------------------|-----------|------------------------|
| <b>3</b> | 9            | KUSHIKA AND KRITIKA | COMMERCE  | SATTRIYA               |
| <b>*</b> | 10           | SEJAL               | COMMERCE  | BENARAS GHARANA        |
| A.       | 11           | NIDHI AND DIYA      | COMMERCE  | LUCKNOW GHARANA        |
|          | 12           | JASMEEN             | COMMERCE  | JAIPUR GHARANA         |
| <b>*</b> | 13           | ANSHIKA             | COMMERCE  | ABHINAYA AND ITS TYPES |

- 1. EVERYONE SHOULD PERFORM THEIR PRESENTATIONS ACCORDING TO THE GIVEN TOPICS
- 2. IT WILL BE HELD IN THE MONTH OF JULY
- 3. IT SHOULD BE CREATIVE

#### IP 065

#### **Assignment (For Practical File)**

1. A School in Delhi uses database management system to store student details. The school maintains a database 'school\_record' under which there are two tables.

Student Table: Maintains general details about every student enrolled in school.

StuLibrary Table: To store details of issued books. BookID is the unique identification number issued to each book. Minimum issue duration of a book is one Day.

| Student       |             |  |
|---------------|-------------|--|
| Field         | Туре        |  |
| StuID         | numeric     |  |
| StuName       | varchar(20) |  |
| StuAddress    | varchar(50) |  |
| StuFatherName | varchar(20) |  |
| StuContact    | numeric     |  |
| StuAadhar     | numeric     |  |
| StuClass      | varchar(5)  |  |
| StuSection    | varchar(1)  |  |

| StuLibrary  |         |  |
|-------------|---------|--|
| Field Type  |         |  |
| BookID      | numeric |  |
| StuID       | numeric |  |
| Issued_date | Date    |  |
| Return_date | Date    |  |

8

- i. Write the SQL Query which displays the data of StuLibrary table in ascending order of StudentID.
- ii. The Primary Key for StuLibrary Table is/are ......
- iii. Write following SQL Query will fetch ID of those issued books which have not been returned?
- iv. The Alternate Key for Student Table will be ........
- v. Write the SQL Query will display dates on which number of issued books is greater than 5?
- 2. Tejasvi Sethi, a car dealer has stored the details of all cars in her showroom in a table called CARMARKET. The table CARMARKET has attributes CARCODE which is a primary key, CARNAME, COMPANY, COLOR, COST (in lakh rupees) of the car and DOM which is the Date of Manufacture of the car.

Table: CARMARKET

| CARCODE | CARNAME | COMPANY  | COLOR  | COST  | DOM        |
|---------|---------|----------|--------|-------|------------|
| C01     | BALENO  | SUZUKI   | BLUE   | 5.90  | 2019-11-07 |
| CO2     | INDIGO  | TATA     | SILVER | 12.90 | 2020-10-15 |
| C03     | GLC     | MERCEDES | WHITE  | 62.38 | 2020-01-20 |
| C04     | A6      | AUDI     | RED    | 58.55 | 2018-12-29 |
| C05     | INNOVA  | TOYOTA   | BLACK  | 32.82 | 2017-11-10 |
| C06     | WAGON-R | SUZUKI   | WHITE  | 12.11 | 2016-11-11 |
| C07     | BREZZA  | SUZUKI   | GOLDEN | 9.80  | 2016-10-03 |

- i. Display the carname along with the charges rounded off to 1 digit afterdecimal place.
- i. Display the carname along with the charges rounded off to 1 digit afterdecimal place.ii. Display the carname ,name of the company in lower case of all cars whoseyear (of dom) is
- 11. Display the carname ,name of the company in lower case of all cars whoseyear (of dom) is 2020.
- iii. Display the carname, color and position of the character 'E' in the color of all the cars.
- iv. Display the number of cars manufactured each year.
- v. What is the cardinality and degree of the table CARMARKET?
- 3. A Departmental store 'Iconic' is planning to automate its system so that they can store all the records on computer. They contacted a Software Company to make the software for the same. The company suggested that there is need of a front end and back-end software. The major challenge was to keep the record of all the items available in the store. To overcome the problem, the software company has shown the glimpses of the database and table required to resolve their problem:

Database Name: Iconic Table Name: Garment

Attributes of the table: Gcode - Numeric, Gname - Character 25, Size - Character 5, Colour -

Character 10, Price - Numeric

Consider the following records in 'Garment' table and answer the given questions:

Table: GARMENT

| GCODE | GNAME     | SIZE | COLOUR | PRICE   |
|-------|-----------|------|--------|---------|
| 111   | Tshirt    | XL   | Red    | 1400.00 |
| 112   | Jeans     | L    | Blue   | 1600.00 |
| 113   | Skirt     | M    | Black  | 1100.00 |
| 114   | Jacket    | XL   | Blue   | 4000.00 |
| 115   | Trousers  | L    | Brown  | 1500.00 |
| 116   | LadiesTop | L    | Pink   | 1200.00 |

i. Choose the command that will give the output as:

| COLOUR |
|--------|
| Blu    |
| Bla    |
| Blu    |
| Bro    |

- ii. Delete the record with GCode as 116
- iii. Give the output of:

Select GName, Price from GARMENT order by Price Desc;

- iv. Change the colour of GARMENT with code as 116 to "Orange".
- v. What is the degree and cardinality of 'GARMENT' table?
- vi. Suggest a free software for managing the database
- 4. A Gift Gallery has different stores in India. Database Administrator Abhay wants to maintain database of their Salesmen in SQL to store the data, He has decided that

Name of the database: GiftGallery Name of the table: Salesman

Attributes of the tables: Scode - Numeric, Sname - Character 25, Address - Character 25, Dojoin

- Date, Sales – Numeric and Area – Character 10

Consider the following records in 'Salesman' table and answer the given questions:

Table : Salesman

| Scode | Sname     | Address | Dojoin     | Sales   | Area  |
|-------|-----------|---------|------------|---------|-------|
| 100   | Amit      | Delhi   | 2017/09/29 | 5000.90 | East  |
| 101   | Sushant   | Gurgaon | 2018/01/01 | 7000.75 | East  |
| 102   | Priya     | Noida   | 2018/04/25 | 3450.45 | West  |
| 103   | Mohit     | Delhi   | 2018/11/03 | 6000.50 | North |
| 104   | Priyanshi | Delhi   | 2019/12/15 | 8000.62 | North |

i. State the command that will give the output as:

| Sname   |  |
|---------|--|
| Sushant |  |
| Priya   |  |

- ii. Display the details of all sales record of North Area, regardlessof case (whether North / NORTH / north)
- iii. Help Priya to display sname and sales of east and west areas
- iv. Display the name of the salesman along with the sales amount rounded off to one decimal point.
- v. What will be the output of the following command? Select Right(Sname,3), Round(Sales) from Salesman Where Sname Like "P%";
- 5. A Fashion Store MyStore is considering to maintain database of their Customers in SQL to store the data, As a Database Administrator Hina has decided that

Name of the database: MyStore Name of the table: Customer

Attributes of the tables: Acc\_No - Numeric, Cust\_Name - Character 25, Cust\_City - Character

25, Cust\_Phone- Character 11, Open\_Bal – Numeric

Consider the following records in 'Customer' table and answer the given questions:

Table : Customer

| Acc_No | Cust_Name | Cust_City | Cust_Phone | Open_Bal |
|--------|-----------|-----------|------------|----------|
| 1001   | Dhashmesh | Ambala    | 9710557614 | 10000    |
| 1002   | Sanya     | Patna     | 8223545233 | 15000    |
| 1003   | Joe       | NewDelhi  | 9972136576 | 13000    |
| 1004   | Mrinal    | NewDelhi  | 9321305453 | 12000    |
| 1005   | Ishaan    | Agra      | 9809876798 | 19000    |

i. With reference to the above given table, give query for generating following output

| Cust_Name |
|-----------|
| Dashmesh  |
| Sanaya    |
| Ishan     |

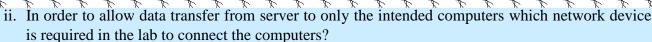
ii. Give the output of:

Select Cust\_Name, Open\_Bal from Customer order by Open\_bal;

iii. Pranay has given the following command to obtain Highest Opening Balance of each City Select max(Open\_Bal) from Customer where group by Cust\_City;

but he is not getting the desired result. Help him by writing the correct command.

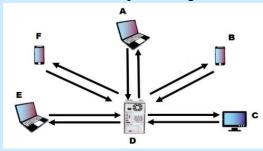
- iv. Help Pranay find the total no. of records having open\_bal between 15000 to 20000.
- v. Display the first two letters of each customer's name.
- 6. Samarth is the harware engineer of "Happy School". He has been given the task of installing a network in the school lab which has around 40 computers.
  - Suggest the most suitable type of network topology he should use in order to maximise speed and make each computer indepenent of network breakdowns.



- iii. After setting up the lab and internet in the lab, Samarth is now required to enable videos and animations to be played on the web browser for students of multimedia class. Which browser tool
- iv. During an international exchange programme the students need to connect to a classroom in Russia using Skype. Samarth helps the students to connect. Which type of network service is being used?
- v. Samarth has asked students of class 7 to identify different parts of URL. Help the students to identify label 1 and 2.



7. Refer to the following diagram and answer the questions given below

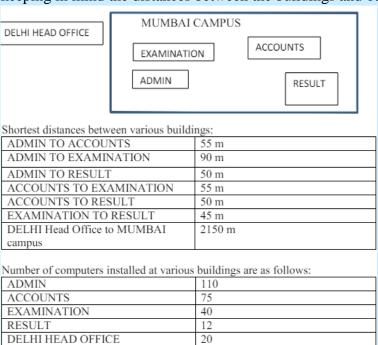


i. Which device acts as a server?

/service can be used for the same?

- ii. The arrow from device D to pointing to A represents?
- iii. Which device(s) can have IP Addresse?
- iv. Identify the network topology of the above network.
- v. \_\_\_\_\_is a protocol (set of rules) used when transmitting files (data) over the world wide web.
- 8. Vidya Devi, a retired school principal, was inspired by her granddaughter who uses technology for her day to day activities. Being a learner and teacher all her life, she wanted to open an email account and interact with her friends and family. Her granddaughter created an email account for her and gradually she started sending mails to her friends and family. This was a big achievement for her. Her granddaughter explained how emails are sent, how to create an email address, what protocols are used. Some of these details were too technical for her, but she never gave up. There are few doubts/misconceptions in her mind which you can help her with.
- i. Unsolicited e-mail advertising is known as\_\_\_\_\_
- ii. Specify the correct format of email address.
- iii. Mail access starts with client when user needs to download email from the \_\_\_\_\_\_.
- iv. To use email service, one needs to register with \_\_\_\_\_\_
- v. Bcc stands for\_\_\_\_\_\_ to send the copy of mail.
- 9. Ramanpreet has to work on his science project which deals with electromagnetic waves. A lot of research work is required by him for the same. He uses Google Chrome to search for the relevant matter.
- i. Google chrome is an example of a \_\_\_\_\_
- ii. He finally locates some useful information and clicks on the link provided to access the website. The link is actually known as a
- iii. As Ramanpreet works on his project, he collects and curates information. Whenever he clicks on the link the same piece of information is shown and the content is not clickable. Ramanpreet is accessing a/an \_\_\_\_\_ website.
- iv. A web cookie is a small piece of data that is \_\_\_\_\_\_

- - v. HTML stands for\_
    - 10. Prime Computer services Ltd. is an international educational organization. It is planning to set up its India campus at Mumbai with its head office in Delhi. The Mumbai office campus has four main buildings-ADMIN, ACCOUNTS, EXAMINATION and RESULT. 5 You as a network expert have to suggest the best network related solutions for their problems raised in (i) to (v), keeping in mind the distances between the buildings and other given parameters.



- i. Suggest the most appropriate location of the server inside the MUMBAI campus (out of the four buildings) to get the best connectivity for maximum number of computers. Justify your answer.
- ii. Suggest and draw cable layout to efficiently connect various buildings within the MUMBAI campus for a wired connectivity.
- iii. Which networking device will you suggest to be procured by the company to interconnect all the computers of various buildings of MUMBAI campus?
- iv. Company is planning to get its website designed which will allow students to see their results after registering themselves on its server. Out of the static or dynamic, which type of website will you suggest?
- v. Which of the following will you suggest to establish the online face to face communication between the people in the ADMIN office of Mumbai campus and Delhi head office?
  - a) Cable TV
- b) Email
- c) Video conferencing
- d) Text chat
- 11. Compare Lists, Tuples and dictionaries on a an A4 size chart.

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#### IT 802

#### **Assignment (For Practical File)**

1. A School in Delhi uses database management system to store student details. The school maintains a database 'school\_record' under which there are two tables.

Student Table: Maintains general details about every student enrolled in school.

StuLibrary Table: To store details of issued books. BookID is the unique identification number issued to each book. Minimum issue duration of a book is one Day.

| Student       |             |  |
|---------------|-------------|--|
| Field         | Туре        |  |
| StuID         | numeric     |  |
| StuName       | varchar(20) |  |
| StuAddress    | varchar(50) |  |
| StuFatherName | varchar(20) |  |
| StuContact    | numeric     |  |
| StuAadhar     | numeric     |  |
| StuClass      | varchar(5)  |  |
| StuSection    | varchar(1)  |  |

| StuLibrary  |         |  |
|-------------|---------|--|
| Field       | Туре    |  |
| BookID      | numeric |  |
| StuID       | numeric |  |
| Issued_date | Date    |  |
| Return_date | Date    |  |

**3** 

- i. Write the SQL Query which displays the data of StuLibrary table in ascending order of StudentID.
- ii. The Primary Key for StuLibrary Table is/are ......
- iii. Write following SQL Query will fetch ID of those issued books which have not been returned?
- iv. The Alternate Key for Student Table will be .........
- v. Write the SQL Query will display dates on which number of issued books is greater than 5?
- 2. Tejasvi Sethi, a car dealer has stored the details of all cars in her showroom in a table called CARMARKET. The table CARMARKET has attributes CARCODE which is a primary key, CARNAME, COMPANY, COLOR, COST (in lakh rupees) of the car and DOM which is the Date of Manufacture of the car.

Table: CARMARKET

| CARCODE | CARNAME | COMPANY  | COLOR  | COST  | DOM        |
|---------|---------|----------|--------|-------|------------|
| C01     | BALENO  | SUZUKI   | BLUE   | 5.90  | 2019-11-07 |
| CO2     | INDIGO  | TATA     | SILVER | 12.90 | 2020-10-15 |
| C03     | GLC     | MERCEDES | WHITE  | 62.38 | 2020-01-20 |
| C04     | A6      | AUDI     | RED    | 58.55 | 2018-12-29 |
| C05     | INNOVA  | TOYOTA   | BLACK  | 32.82 | 2017-11-10 |
| C06     | WAGON-R | SUZUKI   | WHITE  | 12.11 | 2016-11-11 |
| C07     | BREZZA  | SUZUKI   | GOLDEN | 9.80  | 2016-10-03 |

- i. Display the carname along with the charges rounded off to 1 digit after decimal place.
- ii. Display the carname ,name of the company in lower case of all cars whose year (of dom) is 2020
- iii. Display the carname, color and position of the character 'E' in the color of all the cars.
- iv. Display the number of cars manufactured each year.
- v. What is the cardinality and degree of the table CARMARKET?
- 3. A Departmental store 'Iconic' is planning to automate its system so that they can store all the records on computer. They contacted a Software Company to make the software for the same. The company suggested that there is need of a front end and back-end software. The major challenge was to keep the record of all the items available in the store. To overcome the problem, the software company has shown the glimpses of the database and table required to resolve their problem:

**Database Name:** Iconic **Table Name:** Garment

Attributes of the table: Gcode - Numeric, Gname - Character 25, Size - Character 5, Colour

- Character 10, Price - Numeric

Consider the following records in 'Garment' table and answer the given questions:

Table: GARMENT

| GCODE | GNAME     | SIZE | COLOUR | PRICE   |
|-------|-----------|------|--------|---------|
| 111   | Tshirt    | XL   | Red    | 1400.00 |
| 112   | Jeans     | L    | Blue   | 1600.00 |
| 113   | Skirt     | M    | Black  | 1100.00 |
| 114   | Jacket    | XL   | Blue   | 4000.00 |
| 115   | Trousers  | L    | Brown  | 1500.00 |
| 116   | LadiesTop | L    | Pink   | 1200.00 |

i. Choose the command that will give the output as:

| COLOUR |
|--------|
| Blu    |
| Bla    |
| Blu    |
| Bro    |

- ii. Delete the record with GCode as 116
- iii. Give the output of: Select GName, Price from GARMENT order by Price Desc;
  - iv. Change the colour of GARMENT with code as 116 to "Orange".
  - v. What is the degree and cardinality of 'GARMENT' table?
  - vi. Suggest a free software for managing the database
- 4. A Gift Gallery has different stores in India. Database Administrator Abhay wants to maintain database of their Salesmen in SQL to store the data, He has decided that

Name of the database: GiftGallery Name of the table: Salesman

Attributes of the tables: Scode – Numeric, Sname – Character 25, Address - Character 25, Dojoin

- Date, Sales - Numeric and Area - Character 10

Consider the following records in 'Salesman' table and answer the given questions:

Table: Salesman

| Scode | Sname     | Address | Dojoin     | Sales   | Area  |
|-------|-----------|---------|------------|---------|-------|
| 100   | Amit      | Delhi   | 2017/09/29 | 5000.90 | East  |
| 101   | Sushant   | Gurgaon | 2018/01/01 | 7000.75 | East  |
| 102   | Priya     | Noida   | 2018/04/25 | 3450.45 | West  |
| 103   | Mohit     | Delhi   | 2018/11/03 | 6000.50 | North |
| 104   | Priyanshi | Delhi   | 2019/12/15 | 8000.62 | North |

i. State the command that will give the output as:

| Sname   |
|---------|
| Sushant |
| Priya   |

- ii. Display the details of all sales record of North Area, regardlessof case (whether North / NORTH / north)
- iii. Help Priya to display sname and sales of east and west areas
- iv. Display the name of the salesman along with the sales amount rounded off to one decimal point.
- v. What will be the output of the following command? Select Right(Sname,3), Round(Sales) from Salesman Where Sname Like "P%";

5. A Fashion Store MyStore is considering to maintain database of their Customers in SQL to store the data, As a Database Administrator Hina has decided that

Name of the database: MyStore

Name of the table: Customer

Attributes of the tables: Acc\_No - Numeric, Cust\_Name - Character 25, Cust\_City - Character

25, Cust\_Phone- Character 11, Open\_Bal – Numeric

Consider the following records in 'Customer' table and answer the given questions:

Table: Customer

| Acc_No | Cust_Name | Cust_City | Cust_Phone | Open_Bal |
|--------|-----------|-----------|------------|----------|
| 1001   | Dhashmesh | Ambala    | 9710557614 | 10000    |
| 1002   | Sanya     | Patna     | 8223545233 | 15000    |
| 1003   | Joe       | NewDelhi  | 9972136576 | 13000    |
| 1004   | Mrinal    | NewDelhi  | 9321305453 | 12000    |
| 1005   | Ishaan    | Agra      | 9809876798 | 19000    |

i. With reference to the above given table, give query for generating following output

| Cust_Name |
|-----------|
| Dashmesh  |
| Sanaya    |
| Ishan     |

ii. Give the output of:

Select Cust\_Name, Open\_Bal from Customer order by Open\_bal;

iii. Pranay has given the following command to obtain Highest Opening Balance of each City

Select max(Open\_Bal) from Customer where group by Cust\_City;

but he is not getting the desired result. Help him by writing the correct command.

- Help Pranay find the total no. of records having open\_bal between 15000 to 20000. iv.
- Display the first two letters of each customer's name. v.
- 6. Consider the following Employee table:

Table Name: Employee

| Employee_ID | Employee_Name | Job_Title | Salary | Bonus | Age | Manager_ID |
|-------------|---------------|-----------|--------|-------|-----|------------|
| 1201        | Divya         | President | 50000  | NULL  | 29  | NULL       |
| 1205        | Amyra         | Manager   | 30000  | 2500  | 26  | 1201       |
| 1211        | Rahul         | Analyst   | 20000  | 1500  | 23  | 1205       |
| 1213        | Manish        | Salesman  | 15000  | NULL  | 22  | 1205       |
| 1216        | Megha         | Analyst   | 22000  | 1300  | 25  | 1201       |
| 1217        | Mohit         | Salesman  | 16000  | NULL  | 22  | 1205       |

The primary key of this table is Employee\_ID and Manager\_ID is a foreign key that references Employee ID. Write SQL commands for the following:

- i. Create the above table.
- ii. Insert values as shown above.
- Delete the Employee having Employee\_ID 1217. iii.
- Update the salary of "Amyra" to 40000. iv.
- Alter the table Employee so that NULLvalues are not allowed for Age column. v.
- Write a query to display names and salaries of those employees whose salary are greater vi. than 20000.
- vii. Write a query to display details of employees who are not getting any bonus.
- Write a query to display the names of employees whose name contains "a" as the last viii. alphabet.

- Write a query to display the name and Job title of those employees whose Manager\_ID is
- Write a query to display the name and Job title of those employees whose Manager is Χ. "Amyra".
- Write a query to display the name and Job title of those employees aged between 26 years xi. and 30 years (both inclusive)
- 7. A Railway company uses machines to sell tickets. The machine details and daily sales information are recorded in two tables:

| Table Name: Machine |                |  |
|---------------------|----------------|--|
| Field               | Data Type      |  |
| Machine_ID          | CHAR (3)       |  |
| Station             | CHAR (30)      |  |
| Table Name: Sales   |                |  |
| Field               | Data Type      |  |
| Machine_ID          | CHAR (3)       |  |
| Date                | DATE           |  |
| Tickets_Sold        | INTEGER        |  |
| Income              | DECIMAL (8, 2) |  |
|                     |                |  |

The primary key of the table Machine is Machine ID. Records in the table Sales are uniquely identified by the fields Machine ID and Date.

- Create the tables Machine and Sales. i.
- Write a query to find the number of ticket machines in each station. ii.
- iii. Write a query to find the total ticket income of the station "New Delhi" of each day.
- iv. Write a query to find the total number of tickets sold by the machine (Machine ID = 122) till date.
- 8. Make a SQL Mind Map on A4 sheet.

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#### SUBJECT – BEAUTY AND WELLNESS (807)

#### **PROJECT WORK:**

As part of your holiday homework and internal assessment, you are required to prepare a project file. This project aims to keep you engaged with your studies while allowing you to explore new topics creatively and independently. The project file must cover all the topics mentioned below:

- 8 Basic skin types and skin tones
  - Makeup Products
  - Application of Right Makeup products to enhance facial features
  - The colour wheel
  - Basic Bindi design
  - **Draping**
  - Makeup Removal methods
  - **Facial Steamer**
  - **Electro Facial skin Treatment**



- Maintain reception area
- **Process payment**
- Things to Avoid

### INSTRUCTIONS:

- Use only A3 size sheets
- Minimum 15 pages for project file including title page, acknowledgement, certificate as well as index.
- It should be creative and presentable.

Internal assessment is totally based on thus project file.

Last date of submission is July 1, 2024.

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#### **PHYSICAL EDUCATION (048)**

## \*Make 2 projects

**Project 1**-Make a project on the topic of unit 3 yoga as a preventive measure for lifestyle disease in which students have to make a file on 5 aasans of any disease related to the chapter and write their procedure, benefits, contraindication and draw the aasans (make sure your file is decorated, file front page, acknowledgement page, index page,

Project 2-Make a project file on any game of your choice and add game's history, terminology and rule and regulations, ground measurements should be drawn. Make sure your file is 10-15 pages.

You will be graded on behalf of these projects.

\*\*\*\*\*

**YOGA (841)** 

# **Project File**

- Surya Namaskar
- 2. Tadasana
- 3. ArdhaChakrasana
- 4. Vajrasana
- 5. Padamasana
- 6. Setubandhasana

(Make sure your file is decorated, file front page, acknowledgement page, index page, certificate)

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#### PAINTING (049)

Make 5 sheets of landscape and 5 sheets of still life with any colour medium. (Not in pencil shading)

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#### **PSYCHOLOGY**

1. Watch a movie "A beautiful mind", offering a comprehensive look at the life of someone living with schizophrenia.

Prepare a project depicting following things:-

- Initial signs and symptoms of schizophrenia
- Nash's experiences and perceptions
- The impact of schizophrenia on Nash's personal and professional life
- Treatment methods and their depiction
- The role of support systems in managing the condition.

You have to be as creative as possible, project can be done on scrap book where photographs depicting various scenes or symptoms can be pasted or any other idea is also welcomed as per your critical thinking.

2. Prepare a chart/ model on the topics assigned:

 Create a pyramid chart to illustrate Maslow's hierarchy of needs. – DIVYANA, PARTEEK

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- Use a bar chart to depict and describe the big five personality traits with examples of behaviour that exemplify high and low scores in each trait. RIDDHI, HONEY, SIMRAN
- Structure of personality by Freud (Id, ego and superego) SIDDHA, VIDIT, BRAHMPREET
- Create a venn diagram showing the relationship and differences between self concept, self esteem and self efficacy. ANYA, GURLEEN, SHREYA.
- Freud's psychosexual stages of development- DHWANI, SHREYA.
- Methods of personality assessment- DRISHTI, MANYA.

  Students will need to explain their respective charts in the class.

  So prepare accordingly.
- 3. Complete the practical intelligence on Assignment sheets.

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